

## Teaching and learning communication skills at Vetmeduni Vienna

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### Why?





- core skill for vets and physicians
- lack of communication skills increases
  - medical malpractice (Chen et al. 2008)
  - complaints to physicians (Tamblyn et al. 2007)
  - conflicts between clients and vets (Martin 2006)
  - stress and burn-out in vets (van Egmont 2006)

















### Why?





- patient-centered communication enhances
  - satisfaction of patients, health behaviour and health status (e.g. Venetis et al. 2009, Kerse et al. 2004, del Canale et al. 2012)
- experience alone is a poor instructor (Maguire et al. 1986, Kurtz 2006)
- communication can be learned (Aspegreen 1999, Dwamena et. al 2012 Cochrane report)















#### How to teach?





- practising, interactive,
- frequently,
- highly structured,
- small groups
- constructive feedback



(Kurtz et al. 2009)

















## communicative needs in vetmed





- in > 95% of contact situations the animal's owner is present
- client communicates the animal's problem / needs to the veterinarian as he feels responsible for communication















#### ,interactive (mis-)communication'





client interpretation of animals behaviour

taking clinical history

communication to the vet: I guess my animal.....

veterinary evaluation of the animal and correlation to the owners interpretation

















### ,interactive (mis-)communication'





clinical examination

veterinary examination of the animal and correlation to the owners' information

communication to the client: I guess your animal is/has.....

communicating clinical results

client interpretation of veterinary information



















Google

### ,interactive (mis-)communication'



veterinary recommendation for diagnostic work up and therapy



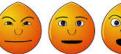
communicating expenses, therapy and prognosis

client decision process including: e.g. emotions financial aspects



























# communication curriculum vetmed 3. term



- introduction lecture on
  - communication and feedback
- practical exercise:
  - 5 times for 2 hours 10 students / group
  - role playing: one veterinarian one client
  - checklists and case reports are provided
  - feedback: self-reflection, ,client', peer group, supervisor
  - mini-portfolio for personal learning progress















# communication curriculum vetmed 3. term



- learning outcome:
  - establish a stable communicative relationship to the client
  - take an animals history by interviewing the client
  - be empathic and sensitive to the clients feelings and deal with introverted and extroverted behaviour
  - self-reflect your own behaviour
  - give a constructive and relevant feedback





















### communication curriculum vetmed 4. term



- Objective Structured Practical Examination (OSPE)
- 1 station: taking a clients animal history (5 minutes)
- checklist for the examiner
- client is performed by a trained student (8-10 term)



















# communication curriculum vetmed 6. term



- practical exercise:
  - 5 times for 2 hours 10 students / group
  - role playing: one veterinarian
  - one client performed by an professional actor / actress
  - video recorded
  - checklists and case reports are provided
  - feedback: self reflection by video analysis, ,client', peer group, supervisor
  - mini-portfolio for personal learning progress















# communication curriculum vetmed 6. term



- learning outcome:
  - establish a stable communicative relationship to the client
  - communicate clinical results, expenses, therapy and prognosis
    - = bad news!
  - be empathic and sensitive to the clients feelings and deal with emotions
  - self-reflect your own behaviour
  - give a constructive and relevant feedback































## **Evaluation**

of the training course in the third term

















#### evaluation design





- paper-pencil questionnaire
  - rating items
    - □ 5 categories
    - □ labeled 1-5
    - endpoints labeled `don't agree at all' and `totally agree'
  - open questions
  - two surveys in winter semester 2015/16
    - □ before first unit (A)
    - □ after last unit (B)

















#### evaluation sample





- ■161 students
  - ■18 courses (7-11 students in each course)
  - 98.0% in 3<sup>rd</sup> term
- age
  - ■19-37 yrs; mean=21.9; SD=3.1
- gender
  - ■127 (78.9%) female (mean age 21.8 yrs)
  - 34 (21.1%) male (mean age 22.5 yrs)

















#### questionnaires





- questionnaire A (before first unit)
  - items 1-15: self-assessment of communicative competences concerning learning goals
- questionnaire B (after last unit)
  - items 1-15 analog to questionnaire A
  - items 16-21/24- 27 evaluation of teacher's competencies and global evaluation
  - items 22-23/29-30 open questions relating to course/teacher

















## results I: self-assessment of communicative competences (i1-15)



- Wilcoxon signed rank tests to check mean differences (A-B,  $\alpha$ =0.05,  $\alpha_{corr1}$ =0.003)
- significant higher means for B: i1, i4-15
  - self-assessment more positive after course
- no significant mean differences: i2, i3
- ♠ Bonferroni-Holm adjustment













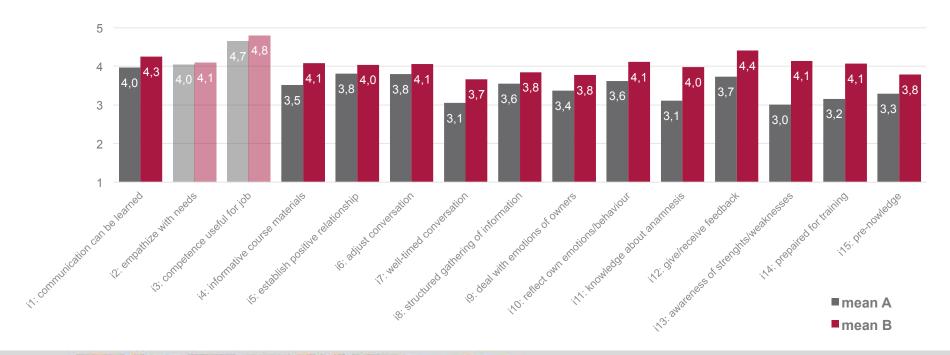




## results I: self-assessment of communicative competences (i1-15)



















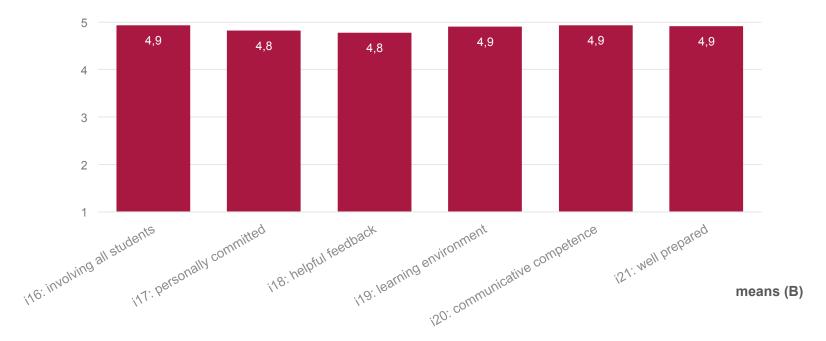




## results II: evaluation of teachers' competencies (B i16-21)



















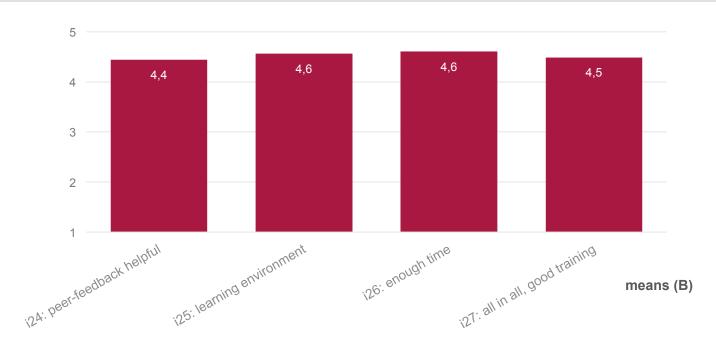




#### results III: global evaluation (B i24-27)























#### results IV: open questions



- numerous positive feedbacks on teachers effective behaviour
- few critical comments

statements generally support extremely positive quantitative results (rating items)

















#### **Qualitative Evaluation**





#### Supporting quantitative data

- this specific behaviour of the teacher made the course effective for me:
  - personal experience (24), kindness (22), openness (5)
  - constructive feedback (36), supportive environment (14),
  - practice (14), competence (14)
  - personal support (9)

















#### outlook:



- include actors in exams (OSPE)
- train students (8-10 term) by having them in real clinical settings with animals (patients) and clients under (,hidden') supervision of a veterinarian

Join Us: the workshop startes in 30 minutes















